

*** SCHOOLS SERVING SIZES:

½ CUP FRUIT

¾ CUP VEGETABLES

HIGH SCHOOL 1 CUP FRUIT

1 CUP VEGGIE

	an equal opportunity employer				
DATE	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	PAPA JOHNS PIZZA (1EA) VEGBROCCOLI (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN-INCLUDED IN ENTRÉE RANCH (10Z) MILK (60Z)	FRESH BEEF TACO (20Z) VEGPINTO BEANS (1/4CP) FRUIT-CANTALOUPE (1EA) GRAIN- TORTILLA (1EA) SHREDDED CHEESE (10Z) MILK (60Z)	MAX STICKS (2 EA) VEGCARROTS (1/4 CP) FRUIT-CINN. APPLE SLICES (1/4 CP) GRAIN-INCLUDED IN ENTRÉE MARINARA SAUCE MILK (60Z)	SALSIBURY STEAK (1EA) VEGMASH POTATOES (1/4 CP) FRUIT-PEACHES (1/4 CP) GRAIN-BISCUIT (1EA) MILK (6OZ)	CHICKEN NUGGETS (1EA) VEGMIXED VEGETABLES (1/4 CP) FRUIT-APPLE (1EA) GRAIN-DINNER ROLL KETCHUP (1 OZ) MILK (60Z)
WEEK 2	CHEESEBURGER (1EA, 1 SLICE CHEESE) VEGBAKED BEANS (1/4CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN- HAMBURGER BUN (1EA) MUSTARD, KETCHUP, PICKLES (10Z) MILK (60Z)	TURKEY BARBACOA (2OZ) VEGCARROTS (1/4 CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-TORTILLA (1EA) PICANTE SAUCE MILK (6OZ)	LASAGNA (3/4CP) VEGBROCCOLI (1/4 CP) STRAWBERRIES (1/4 CP) GRAIN-BREADSTICK MILK (60Z)	FRENCH TOAST STICKS (3 EA) VEGTATOR TOTS (1/4 CP) FRUIT-PEARS (1/4 CP) SAUSAGE (1 EA) STRING CHEESE (1EA) GRAIN- INCLUDED IN ENTREE MILK (60Z)	ORANGE CHICKEN (3/4CP) VEGCELERY (1/4 CP) FRUIT-ORANGE (1EA) GRAIN-RICE (1/2 CP) FORTUNE COOKIE MILK (60Z)
WEEK 3	PAPA JOHNS PIZZA (1EA) VEGCARROTS (1/4 CP) FRUIT-PINEAPPLE (1/4 CP) GRAIN-INCLUDED IN ENTRÉE RANCH (10Z) MILK (60Z)	QUESO BLANCO MAC (3/4 CP) VEGCELERY (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN- ROLL (1EA) MILK (60Z) **SCHOOLS- CORN DOG (1EA)	FRITO PIE (20Z, CHIPS 10Z) VEGCORN (1/4 CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (10Z) MILK (60Z)	RAVIOLI (3/4CP) VEGBROCCOLI (1/4 CP) FRUIT-APPLESAUCE (1/4CP) GRAIN- GARLIC BREADSTICK (1EA) MILK (60Z)	TAMALES (1EA) VEGPINTO BEANS (1/4CP) FRUIT-PEACHES (1/4 CP) GRAIN-INCLUDED IN ENTREE (1EA) MILK (60Z)
WEEK 4	CHICKEN PATTY (1EA) VEGBROCCOLI (1/4 CP) PEARS (1EA) GRAIN-HAMBURGER BUN (1EA) SLICE CHEESE (1EA) MILK (60Z)	BEEF TAQUITOS (4EA) VEGPINTO BEANS (1/4CP) FRUIT-STRAWBERRIES (1EA) GRAIN-INCLUDED IN ENTREE PICANTE SAUCE (10Z) MILK (60Z)	MEATBALLS (5EA) VEGWHIP POTATOES (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN-DINNER ROLL (1EA) BROWN GRAVY (10Z) MILK (6OZ)	CHICKEN POSOLE (3/4 CP) VEGFRESHCARROTS (1/4 CP) FRUIT-HONEYDEW (1EA) GRAIN-TORILLA (1 EA) MILK (60Z)	GRILLED CHEESE (1EA) VEGGREEN BEANS (1/4CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-TORTILLA SHREDDED CHEESE (10Z) MILK (60Z)